

Cowgirl Spirit
The Lucent Life of Deborah Nowlin-Keith
By Cindy K Roberts

It's your life, and it's Western. The boots, the chaps, the cowgirl hats, the spurs and latigo . . . it's the way you talk, the way you live and it shows right down to your clothes. You dress each day with that Western flare, a studded belt with the rhinestone buckle, the silver hair clip worn in your hair . . . sometimes simply a feather. It's you, the special kind of cowgirl and you wear it well.

Your days are filled with adventure, your purpose and your desires are cowgirl strong. Your demeanor and the verse in which you speak . . . you own it. Your mission is defined in your footsteps; your strength runs very deep. It's you . . . the creative-within-your-soul cowgirl.

The twinkling stars in the sky, they're yours and each night is filled with your favorite country song. Your heart is filled with laughter and your mind is always



Deborah Nowlin-Keith poses with her mule, Ida May.

good in thoughts; the company in which you keep is special and endearing, to you . . . the unique and sharing cowgirl

You treasure cowgirl friendships, share deep conversation and embrace time spent together. You have a vision, are resourceful and have proven you can rebuild. You're committed to western life and all that it has to offer; you are cowgirl tough and you willfully guard your cowgirl heart . . . that cowgirl special kind of heart.

The mule you ride, the truck you drive it's all you. Your boots are worn in definitive style; your Victorian styled top hat, it's you. You're attracted to sage, love cactus and the very smell of leather, your closet is rustic; filled with clothes made of cowhide, lace and denim; you dare to wear wild and yet your accessories are simply soft and frilly.



Deborah Nowlin-Keith

You cherish precious cowgirl moments; keep a special diary and a scrapbook about your mule. There is no other animal that will take his place; your dog, cats and other critters . . . this is what makes you smile.

You know how to give strength to others when needed; give support and a helping hand. You know how to cowgirl up and sweat, catch loose stock and you never whine. You embrace challenges in your life and accept responsibility in the everyday chores at home

and work. You are the everyday caring cowgirl and you wear it well. You take pride in everything you do; you are strong for your sisters and your children. You respect God's creatures and share in everyday delight; but most of all you share deep in your heart . . . the Cowgirl Spirit.



Ms. Deborah & Ida May.



Author and Mule Promoter, Cindy K. Roberts has a lifetime experience with horses and mules. She can be reached through her web site www.everycowgirlsdream.com. Look for more creative writings and photos of Ms. Deborah Nowlin-Keith and Ida May soon.